

Today, some people say that their mobile phones are the most important thing they own. Do you think that the popularity of mobile phones is a good or bad thing?

Nowadays, the cell phones have become a popular means of communication. Nevertheless, there are controversial arguments about the using of these devices for people especially youngsters.

Some individuals believe that this cutting-edge technology has **a** negative effects on children's lifestyle so that it causes ~~promoting-promotion of~~ the sedentary lifestyle among them ~~and,~~ leading to some illnesses such as obesity and weak eyesight. However, mobile phones are the most common means of communication, ~~r,~~ they have somehow changed the way of intercommunication so that they have made people more ~~isolation-isolated~~ in this modern era.

By contrast, despite ~~its-their~~ drawbacks mentioned, others argue that these advanced devices have ~~made-provided~~ more convenience for teens. For one, there is no doubt that they help children in their studies and doing their assignments by installing a wide range of educational apps on their mobile phones, so individuals can used it-them as a portable means of educational' assistance and also the possibility for parents to be ~~controlled-controlling~~ their children any where. Moreover, these wireless phones have revolutionized ~~in~~ the field of communication among people particularly with the emergence of social networks so that not only did-have they **have** not isolated people, but also ~~can-~~ have helped them to keep in touch with their families and friends easily at any moment and anywhere.

Ultimately, i think that the advantages of mobiles outweigh the disadvantages ~~by-if users~~ learning ~~which~~ how to used it-them properly and educating to adolescents as well. For instance, ~~by-with the~~ help of/helping-of these sophisticated devices which are capable ~~to-of~~ connecting to the global internet, we can have access to facilities that have made us more comfortable in communicating and educating.